



MHYC

MIDDLE HARBOUR YACHT CLUB

Seven Islands Race

SAILING INSTRUCTIONS

**Saturday
29 November, 2014**

Organising Authority
Middle Harbour Yacht Club

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Sydney, Australia

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Supported by



7 ISLANDS RACE

Saturday 29th November 2014

SAILING INSTRUCTIONS

1.0 RULES

1.1 The races will be governed by the current versions of:

- the rules as defined in the Racing Rules of Sailing 2013-2016 ("RRS") of the International Sailing Federation;
- the prescriptions and Special Regulations of Yachting Australia ("Special Regulations");
- the Middle Harbour Yacht Club Special Regulations ("MHYC SR")
- the Notice of Race attached to the Entry Form issued by the Organising Authority ("NoR"), except as any of these are modified by or inconsistent with these Sailing Instructions, and by these Sailing Instructions ("SI").

1.2 The attention of competitors is drawn to the MHYC Special Regulations which are referenced throughout the NoR and these SIs including their responsibilities under the applicable NSW Maritime legislation.

1.3 The Sailing Office of Middle Harbour Yacht Club ("MHYC") shall be the Race Committee ("RC") for the purposes of, and with, the powers and discretions contained in RRS 90.1. This amends MHYC SR 2.2.

1.4 A boat shall comply with the RRS Appendix G, Identification on Sails.

1.5 Fixed and retractable spinnaker poles and bowsprits will be permitted for the purpose of setting asymmetrical spinnakers. This amends RRS50.2 and 50.3.

1.6 Boats with movable or variable ballast (within the meaning of those terms in the YA Special Regulations) may move that ballast for the purpose of changing trim or stability. This amends RRS 51.

1.7 RRS 52: RRS 52 does not apply the adjustment and operation of sails or the adjustment of movable appendages on any boat.

1.8 Pennants may be provided by the event sponsors. If provided, pennants shall be flown from the backstay at all times whilst racing. Boats failing to comply with this may be protested by the Race Committee only. This alters RRS 60.1 and 60.3.

2.0 NOTICES TO COMPETITORS

2.1 Notices to Competitors will be posted on the Official Notice Board which is located in the Breezeway of the Clubhouse.

3.0 CHANGES TO THE SAILING INSTRUCTIONS

3.1 Changes to these SIs, if any, will be posted not later than 2 hours prior to the display of the Course Board for the race.

4.0 SIGNALS

4.1 Signals made ashore will be displayed from the MHYC Race Official's Box on the northwestern perimeter of the Club premises.

4.2 Signals will be as follows:

1220 Hrs	Course Board Displayed
1230 Hrs	Start Count-up Sequence

- 4.3 The display of the course board and the start of the count-up sequence may each be accompanied by a sound signal.
- 5.0 THE COURSE**
- 5.1 The Courses are those annexed to these Sailing Instructions (Annex A).
- 5.2 Courses may be shortened prior to the Start at the discretion of the RC. Should Code Flag “S” be flown with or prior to the display of the Course Board, the race will automatically be shortened and all yachts should proceed to the finish line after having rounded the mark indicated by an asterisk (*).
- 5.3 Courses may be shortened at any mark in accordance with RRS 32.
- 5.4 The attention of competitors is drawn to the MHYC SRs and those areas which are designated obstructions and prohibited areas in the vicinity of the Start and Finish lines, the Gowland Bombora and the Sow and Pigs Reef. A boat shall not sail into an area designated a prohibited area.
- 6.0 HANDICAP PURSUIT RACE**
- 6.1 The race shall be a Handicap Pursuit Race per MHYC SR 15 with a Count Up start sequence.
- 6.2 A boat shall comply with the YA Special Regulations Part 1 for Category 7. An audited Special Regulations Form for the relevant Category (or higher) shall be submitted with the entry if not already held by MHYC.
- 6.3 In races or divisions designated non-spinnaker, only a mainsail and headsails as defined in RRS 50.4 shall be used. Headsails shall not be set flying. (No sail shall be set forward of a point of attachment of the permanent forestay.)
- 6.4 Start numbers will be based on time correction factors (TCFs). A boat’s TCF shall be determined by the RC or its nominee.
- 6.5 Boats shall notify the MHYC Sailing Office not later than 2 days prior to a race of any change, addition or alteration to a boat’s hull appendages, equipment, sail inventory or skipper/crew that may affect its performance. At the discretion of the RC, a boat that fails to comply may be either disqualified after a hearing or have its results retrospectively adjusted by applying a new TCF based on the affect on the boat’s performance.
- 6.6 The TCF, and a boat’s start number based on it, shall not be subject to protest or constitute grounds for redress (amends RRS 60.1 and 62).
- 6.7 When only one boat starts and sails the course within the time limit, the RC shall not abandon the race (amends RRS 32).
- 7.0 THE START**
- 7.1 The Start Line shall be as MHYC SR 16.0, Club House Start Line.
- 7.2 The RC will allocate a starting number to a boat for each race. A boat shall not start before the Starters Board has displayed its designated start number.
- 7.3 Numbers will be displayed at 1 minute intervals and will commence with the number ‘0’.
- 7.4 There will be no recalls. Any yacht deemed to have started prematurely and that has not returned and started correctly shall be penalised 5 minutes plus the difference between her starting number, applied to her finish time. (This amends RRS29.0)

8.0 THE FINISH

- 8.1 The Finish Line will be the Clubhouse Finish Line in MHYC SR 17.0.
- 8.2 A boat's finish time shall be used for the calculation of its racing division results. The boat with the earliest finish time (after application of scoring penalties, if any) will be scored first.
- 8.3 All times will be recorded in minutes and whole seconds. Boats with equal finishing times shall be scored as dead heated.
- 8.4 All results will be subject to the application of Alternate Penalties, if any.

9.0 TIME LIMITS

- 9.1 The time limit will be 17:00 hrs on the day of racing. However, if the leading yacht finishes within the time limit, then other yachts will be timed in until 1730 hours.
- 9.2 A boat that does not finish within the time limit shall be scored DNF (amends RRS 35).

10.0 ALTERNATIVE PENALTIES

- 10.1 For an infringement of RRS Part 2, the Two-Turns Penalty (RRS 44.2) shall apply.
- 10.2 For an infringement of any other rule or requirement, the Scoring Penalties of RRS 44.3 shall apply. The penalty shall be computed as a percentage of the number of entries in the relevant division.

11.0 ABANDONED RACES

- 11.1 Abandoned races will not be resailed.

12.0 PROTESTS

- 12.1 Protests shall comply with MHYC SR 24

13.0 ADVERTISING

- 13.1 Boats shall display bow and/or boom stickers as determined by the RC.

14.0 RADIO COMMUNICATION

- 14.1 Except in an emergency, while racing a boat shall neither make radio transmissions nor receive radio transmissions not available to all boats. This restriction also applies to mobile telephones.
- 14.2 Yachts shall maintain a listening watch on VHF Channel 73 for the duration of the race.

15.0 PRIZES

- 15.1 Prizes shall be presented at a post race presentation as per the NoR.

16.0 RESPONSIBILITY

- 16.1 Competitors participate in the MHYC Feature Race Program at their own risk. Special attention is drawn to RRS Fundamental Rule 4, which states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone".
- 16.2 The Organising Authority, Event Sponsors, and their respective officers, employees, volunteers and members accept no liability for any injury, loss or damage that may be suffered by any competitor, and any liability for harm to persons that results from breach of an express or implied warranty that the MHYC Feature Race Program and all services relating thereto will be conducted or rendered with reasonable care and skill is excluded.
- 16.3 Neither MHYC, nor the event sponsors, are responsible for the seaworthiness of a boat whose entry is accepted or the sufficiency or adequacy of its equipment.

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ANNEX A - COURSE

COURSE 1

Start MHYC

- 1 YA Mark Shark Island
- 2 Shark Island
- 3 Clarke Island
- 4 (*)Fort Denison (leave to **port**)
- 5 Goat Island
- 6 Cockatoo Island
- 7 Snapper Island
- 8 Spectacle Island
- 9 Fort Denison (leave to **port**)

Finish MHYC

NOTES

All Islands or Marks are to be passed to Starboard unless otherwise indicated.

Please note the change to the course for this year in accordance with RMS requirements: Fort Denison is left to **port** on the upstream and return journeys.

Please note a guide to the course, for illustrative purposes only, is attached to these Sailing Instructions at Appendix B.

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ANNEX B – COURSE CHARTLET

