

COVIDSafe Sailing at SSORC 2020



Information for Competitors

Recreational boating is now permitted under the NSW Government Public Health Orders, however these may be reversed if boaters are seen to be disregarding the requirements for social distancing or clubs become a source of transmission.

MHYC is pleased to be able to provide sailing competitions, but COVID-19 is still with us and the way we sail needs to adapt. We are all obliged to work together to fight the transmission of the virus, so the club has introduced some new requirements for racing.

At Home

- Any tasks that can be done at home, should be done at home (e.g. briefing, debriefing etc)
- It is strongly recommended that all sailors download the Australian Government COVID -19 contact tracing app (COVIDSafe) and keep it active at all times
- It is also recommended that sailors showing any symptoms be tested for COVID-19
- If you are a person with high risk of COVID-19, or have symptoms of the Virus (even if mild), stay at home

Before Racing

To provide for possible tracing, all competing boats are required to register all their crew details (Crew Name and AS Number or SailPass Number) via the Top Yacht link on the SSORC website before each race. The penalty for not registering before the finish time of the last boat is disqualification from the race.

To register online – [click here](#).

Ashore

While we are all missing the usual social atmosphere of our club, prizegiving ceremonies may be restricted.

The “new normal” for sailing at MHYC and other NSW clubs is **GET IN, SAIL & GET OUT.....**

- Arrive dressed and ready to sail
- Minimise the use of change rooms, bathrooms and communal areas
- Shower at home instead of at the club if possible
- The 4m2 rule applies ashore and sailors should maintain at least 1.5m distance
- Avoid congregating at the SandBar, in the breezeway, on walkways and on the beach
- Hand hygiene stations are available at a number of locations

Afloat

- There is currently no limit on the number of persons aboard
- Sailors should maintain at least 1.5m distance apart where practicable whilst not engaged in competition or training
- No unnecessary body contact (e.g. hand shaking, high fives)
- No sharing of drink bottles, clothing, food and towels etc.
- Avoid sharing of equipment – bring your own lifejacket, gloves etc.

Remember – Everyone participates at their own risk